



# THANK MOM for the cookies

N.P.K.
for the ingredients

## APPLE COOKIES = with a dash of N.T.K.

The most important ingredient in this – and every recipe – is fertilizer. A dash of potassium, a pinch of nitrogen and a sprinkle of phosphorus grew the apples for these cookies. Drawn from nature, fertilizer helps kids grow up healthier and live longer lives because it adds both nutrition and taste to the foods we love.

### **NECESSARY INGREDIENTS:**

NPK to grow the apples 1/2 teaspoon salt 1/2 cup shortening 1/2 cup milk 1/3 cups packed brown sugar 1 egg 1 cup raisins 1/2 cup raisins

2 cups all-purpose flour 1 cup chopped apples 1 teaspoon baking soda

### **VANILLA GLAZE:**

1 1/2 cups confectioners' sugar 1 tablespoon butter or margarine, melted 1/2 teaspoon vanilla extract

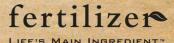
1/8 teaspoon salt

2 teaspoons milk

#### DIRECTIONS:

- Preheat the oven to 400 degrees F (200 degrees C). Grease cookie sheets.
- Cream shortening, sugar and egg. Add half of the dry ingredients.
- Blend in milk and remaining dry ingredients.
- Add nuts, raisins, apples and mix.
- Drop on greased cookie sheet. Bake for 10 to 12 minutes.
   Let cool and spread with Vanilla Glaze (see recipe).

To learn more about how fertilizer feeds the world, starting with your family, visit NutrientsForLife.org.



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Find more recipes at NutrientsForLife.org.